



Perkins High School Lunch Menu 2020-2021



Monday	Tuesday	Wednesday	Thursday	Friday
Asian Bowl Bread and Butter or Chicken Nuggets Bread & Butter	Breakfast Pizza Popcorn Chicken bowl w/Breadstick	Salad with toppings Fiestada Pizza Italian Plate (Chicken Fingers, Pasta & sauce, Breadstick)	Salad/ Sub Bar w/ toppings Double day dog 2nd Hot dog - \$.75 Deli style subs	Shrimp Poppers Cheese Stick Dinner Roll Spicy Popcorn Chicken Bread w/Butter
Corn Dogs General Tso's Chicken w/brown rice	Swedish Meatballs w/ Pasta & Roll Cheeseburger/Bun	Salad/ Taco with toppings Or Chicken Grinder Walking Taco w/Doritos	Fajita/ Salad w toppings Chicken Fajita Pizzaburger or Sloppy Joe/bun	Dutch Waffle or French Toast Sticks w/Sausage Links Stuffed Crust Pizza
Meatball Sub w/Sauce & Cheese or Chili Dog/bun or Frito Chili Pie	Chicken Parmesan on bun or Garlic Dunker Flat Bread w/ Marinara Sauce	Burrito/ Salad with toppings or Chicken Fingers or Burrito Bowl Bread and butter	Sub/ Salad with Toppings Hot Italian or Cuban Sub Tomato Soup/w Italian Toasted cheese or Toasted cheese	Baked Potato with Toppings Chicken Nuggets Bread & Butter Pizza
Pasta & Meat Sauce w/Garlic Bread or Pepperoni Calzone	Chicken Patty/bun or Bosco Sticks With Marinara Sauce	Salad with toppings Buffalo Popcorn Chicken Chicken Alfredo w/ A Twist & Bread and Butter	Salad Bar BBQ Pork/Bun Pizza Crunchers w/ Sauce	Sea Fit Fish/Bun Mini Corn Dogs Nacho & Cheese
Buffalo Chicken Rippers or Breaded Mozzarella Sticks With Marinara Sauce	Chicken Nuggets Garlic Bread Sticks or Turkey or Hamburger Gravy w/Whipped Potatoes Garlic Bread Stick	Salad/ Taco with Toppings Grilled Chicken Club On Ciabatta Bread	Salad with Toppings General Tso's Chicken w/Rice Bacon Cheeseburger	Chef Susan's Blackened wrap or Chipotle Chicken wrap Ranchero Pizza

Week of:	Find the date of the week and match to the color above			May 10th 2021
August 26th 2020	October 26th 2020	January 4th 2021	March 8th 2021	May 17th 2021
August 31st to Sept 4th	November 2nd 2020	January 11th 2021	March 15th 2021	May 24th to June 3rd *
September 7th 2020	November 9th 2020	January 18th 2021	March 22nd 2021	Cooks Choice
September 14th 2020	November 16th 2020	January 25th 2021	March 29th to April 1st	Lunch prices:
September 21st 2020	November 23rd 2020	February 1st 2021	April 5th 2021	Student: \$3.00
September 28th 2020	November 30th to Dec 4th	February 8th 2021	April 12th 2021	Reduced: \$0.40
October 5th 2020	December 7th 2020	February 15th 2021	April 19th 2021	Milk: \$0.50
October 12th 2020	December 14th 2020	February 22nd 2021	April 26th 2021	Adult: \$3.75
October 19th 2020	December 21st 2020	March 1st 2021	May 3rd 2021	Adult wo /milk \$3.25

Menus are subject to change.

This institution is an equal opportunity provider and employer.

Daily choice of Toft's low-fat milk, assorted

All lunch trays must have a fruit or a vegetable for the tray price

Students receiving Free or Reduced lunch benefits will also receive Free or Reduced breakfast

Free and Reduced lunch applications must be filled out and returned by Sept 30th 2020

Applications are available in the office or online www.payschoolscentral.com

fruits, & vegetables,
hamburger on a bun,
cold meat sandwich,
peanut butter & jelly.